

Monday, September 16, 2024

Chill Zone

We have a skill testing question for you.

What do actor Hugh Jackman, pop star Katy Perry, Quarterback Tom Brady, NBA legends Kobe Bryant and Lebron James, Comedian Jerry Seinfeld, Actress Gwyneth Paltrow, the creator of Star Wars, George Lucas, and Hillcrest teacher Mr. Wiskar all have in common.

We asked a few of our staff what they thought.

Mr. Nay said, "It must be their ravishing, good looks!"

Sorry Mr. Nay, incorrect.

Mr. Ingelman commented, "It must be that they have Intelligence score over 150.

Unfortunately, Mr. Ingelman, that is also incorrect.

Mr. Holbrok thought, "They all know who Gloria Steinem is."

No, Mr. Holbrok, at least one person still hasn't figured that out.

The actual answer to this skill testing question is...

They practice meditation to improve their focus and well-being.

If you are interested in experiencing the benefits that these famous people (well other than Mr. Wiskar) have felt, come to Mr. Wiskar's room, room 158, today at nutrition break, and learn how to meditate at Hillcrest's most relaxing club. The Chill Zone! All are welcome, no experience is necessary.

Field Hockey Team

Any girls or boys interested in playing field hockey, please meet in the MPR tomorrow (Tuesday) at 12:15. All grades are welcome.